

anna lotan

PRO

Treatment Protocol



Exfolil Ruby Professional Exfoliating Peel with Ruby Powder

Features & Benefits:

- The intensity of the peeling obtained by Exfolil Ruby may be easily adapted to individual skin type and condition by determining the duration of the treatment.
- All components in Exfolil Ruby are naturally derived.
- The natural abrasive particles are ruby crystals, aqueous sponges, and silica.
- Natural oils of Jojoba, Squalane, and Triglycerides act as skin-protective emollients and penetration enhancers.
- CO2 extracts of Lithospermum Root, Calendula Flower extract, and Tapioca Starch calm the skin during treatment.
- Dunaliella extract combined with Ester Vitamin C act as antioxidants preserving the quality of the natural oils and extracts.
- Essential oil of Siberian Fir contributes to its natural fresh scent.

Guidelines:

It is recommended to perform the treatment during the winter months and or in the afternoon, to minimize exposure to UV light after the treatment. This will help to prevent (hyper) pigmentation. Much of the skin's moisture is "consumed" during the first days following the peel. Hydrating gels should be used frequently to prevent dryness.

Warnings:

Exfolil should be performed on healthy customers who do not suffer from any special medical condition and or are not amidst any medical treatment (such as Herpes, active Acne, Auto-immune response, or allergic reaction, etc.) Exfolil should NOT be used during pregnancy or shortly after. Every customer must fill out a consent form and give a written commitment to avoid unprotected exposure to sunlight following the treatment.

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The peeling is to be performed by using circular massage movements on the required area.

The duration of the massage alone determines the intensity of the treatment. This peeling is not based on acids as exfoliating agents (the less than 1% organic acids present serve for preservation alone).

The treatment may be repeated after 3-4 weeks or in accordance with each individual's skin type.

Step 1: Cleanse using the Seba-Foam Facial Cleanser to thoroughly remove dirt & debris.

Step 2: Quench the skin by applying the Rosease Quenching Gel Mask to the skin using a brush, let sit for 10-15 min. Remove the mask using a hot towel and pat the skin dry using 4x4 or tissue.

Optional Step: Infuse the ingredients in the mask using the MBK Glo, or similar ultrasound infusion device.

Step 3: Exfoliate using the Exfossil Ruby Peel. Dispense pea sized amounts onto your fingertips as you go. Starting with the forehead gently massage the peel into the skin before moving to the cheek, nose, upper lip, and chin areas respectively. Once you've completed massaging the Exfossil Ruby over the entire face remove using cool water and soft sponges to gently remove the excess from the skin.

Step 4: Take one Set FM EcoMask Tablet and drop into clean cool water to expand. Set Aside. Paint a hearty layer of Soft Ice to the entire face. Take the expanded mask out of the water, apply to the client's skin and brush on another hearty layer of Soft Ice over the top of the mask. Let sit for 10-15 min. Remove any excess with cool water and soft sponges.

Step 5: Gently pat First of All Quenching Serum to the clients skin.

Step 6: If the treatment is done during the day gently apply Outdoors Broad Spectrum Daytime Protection SPF 30.

Step 7: Apply Shea Butter Lip Balm to the clients skin.

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Give your client a post-peel home care program that consists of the following items:

SebaFoam (270) – to maintain facial hygiene without degreasing.

Soft Ice (772) – This gel helps to soothe reddened skin. Contains Red Seaweed extract that provides long-lasting moisture retention.

- **Jerusalem Balsam (102P)** – To maintain hygienic conditions on the skin's surface a thin coat of Jerusalem Balsam should be applied all over.

- **Outdoors Broad Spectrum Daytime Protection SPF 30 (648)** – Use as a daytime moisturizer.

Once the skin has peeled **ROSEASE Exfoliate & Restore (649)** – may be used to moisturize and enhance the results of the peel between monthly or bimonthly treatment sessions.

A brief explanation should be given to the customer to help them understand what to expect after the treatment. The redness and the prickling sensation may return within a couple of hours (in a less intense form). During the first day, the skin will feel drier than usual because part of the skin's moisture reserve has been mobilized to rid the skin of the intruding needles and drive them out. Frequent use of Soft Ice is recommended to rehydrate the skin, during the day and then rinsed off at the end of the day. From the second day on apply a thin layer of "Jerusalem Balsam" once a day to maintain hygienic conditions. The use of regular night creams or oil-containing emulsions should be avoided (except for UV protection before day exposure). If the client can visit the salon when the skin begins to peel, "Carrotinol" may be used to smooth the skin and remove dry dead skin that has begun to peel off.