

# anna lotan

PRO

## Treatment Protocol

### Revitalize & Illuminate Vitamin C Facial

Welcome to the luxurious world of the Anna Lotan Pro Revitalize & Illuminate Vitamin C Facial, where your skin's radiance is reignited and its natural beauty is restored to its fullest potential. Embark on a journey of indulgence and rejuvenation as we guide you through a meticulously crafted skincare ritual designed to nourish, revitalize, and illuminate your complexion.

**Step 1: Cleanse** - Begin the journey to beautiful skin with the gentle Euphrasia Cleanser. Formulated with delicate cleansing components derived from corn and coconut, this cleanser effectively removes makeup residue while leaving the skin soft, clean, and fresh. Euphrasia (Eyebright) soothes and nourishes the delicate eye area, making it perfect for facial cleansing. Perform the cleanse using warm water. Remove the cleanser with a hot towel or 4x4's and warm water.

**Step 2: Tone** - Next, the Brightening Toner helps maintain a bright appearance while reducing skin irritation and hyperpigmentation. Licorice extract and vitamin B3 (niacinamide) contribute to a brighter complexion, while Aloe Vera soothes and supports the skin. Apply to a cotton pad and gently pat the Brightening Toner to the clients face.

**Step 3: Hydration Before Exfoliation** - Hydrate and prepare your clients skin for the exfoliation with the HA Hydration Gel. This intensive gel mask, enriched with natural hydro-colloids and sodium hyaluronate, provides optimal hydration and plumping effects. It serves as a primer for further treatments and helps soothe skin redness. Expand a Set FM Pressed Eco Mask Tablet in warm water. Set aside. Paint a layer of the HA Hydration Gel to the clients skin, apply the expanded Eco Mask to the client, and paint a second layer of the HA Hydration gel over the top of the mask. Let sit for 10-15 min. Remove the mask and pat the skin dry with 4x4's or tissue.

**Step 4: Scrub** - Indulge in the Lightening Care Double C Vitamin C Enriched Multifruit Scrub, a deep-cleansing and brightening scrub tailored for oily and enlarged pore skin types. Its modular property allows for easy adaptation to different skin types, amplifying the brightening effect of hyperpigmentation treatments. With gentle massage, impurities are gently lifted away, revealing a revitalized and refreshed complexion. Apply a small amount to both cheeks, Moisten your fingertips to spread to other facial areas and gently massage adding more water according to the skin's sensitivity. Remove with a hot towel or 4x4's and warm water. Pat the skin dry.

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**Step 5: Mandelic Acid Exfoliation** - Experience the rejuvenating effects of the Mandelic Acid Exfoliating Gel, a multi-functional treatment gel enriched with mandelic and lactic acids. Designed to enhance skin lightening, this gel gently exfoliates the skin, removing sun-damaged dead cells and promoting skin renewal. Despite its acidic pH, it soothes the skin with effective calming components like Allantoin, leaving your skin exceptionally smooth and refreshed. Leave on for 1-2 minutes. Smooth all areas with your fingertips, keeping away from the eyes, and allow to dry. Once the gel is fully absorbed, rinse off with 4x4's tepid water and pat dry.

**Step 6: Brightening Booster** - Gently massage the Enlight Brightening Booster onto your skin, a concentrated formula designed to gradually brighten hyperpigmentation and protect against UV damage. Infused with vitamin B3, azelaic acid, and herbal extracts, this booster clarifies the skin while combating oxidative stress. Hydrating polysaccharides soothe and maintain the skin's moisture balance, revealing a luminous complexion with each application. Leave on.

**Step 7: Exfoliate & Infuse** - Elevate your skincare journey with the Carrotinol Peeling, a concentrated lipogel that effectively exfoliates dead cells from the epidermal layers. Enriched with botanical oils and extracts, it nourishes and hydrates the skin while promoting a smoother texture. Suitable for all skin types, it balances and refreshes your skin's appearance, unveiling a radiant and revitalized complexion. Apply the peel on clean but not moist skin. If performed manually, Carrotinol is activated by a 10-20 minute massage (according to skin requirement and sensitivity). Within a minute, or less (when it absorbs body temperature) the hydrophilic nature of the peel will invert into an oily texture which allows a prolonged massage. Alternatively, an electric rotating massage brush (Clarisonic type) may be used, in which case 2 minutes would be sufficient. As the Carrotinol inverts from a gel into an oil it will deliver the ingredients in the previously applied Enlight Brightening Booster past the stratum corneum boosting its efficacy. At the end of the massage, rinse off with water and pat dry with a soft towel. The massage with Carrotinol does not cause irritation or redness.

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**Step 8: Mask** - Indulge in the Vitamin C Boost Mask Kit, a refreshing facial mask infused with pure and active Vitamin C. Designed to rejuvenate sun-damaged and hyperpigmented skin, this oil-free mask provides immediate lightening and toning effects. With its special carrier complex gel, it preserves the potency of active ingredients, leaving your skin refreshed and revitalized after each application. Fill the larger measuring spoon (30 ml.) with the Complex Gel and pour it into a shallow bowl. Then fill the small measuring spoon with Vitamin C powder, add to the bowl, and mix well until fully dissolved. Place one Facial Mask in the bowl to absorb the Vitamin C. Gently place the mask on the face and smooth it to all facial areas keeping away from the eyes. Leave the mask on for 10-15 minutes. Finally, remove the mask, wiping off the excess with moist cotton pads.

**Step 9: Moisturize** - Complete your skincare ritual with the Smoothing Repair Butter, a luxurious skincare product with a remarkable wrinkle-smoothing effect. Enriched with intensive moisturizers and antioxidants, this butter improves skin elasticity while protecting against free radical damage. Its rich, buttery texture leaves a calming sensation, ensuring your skin remains nourished and supple.

**Step 10: Lip Care** - Complete the skincare ritual with the Shea Butter Lip Balm. Nourishing and hydrating, this rich balm soothes dry and chapped lips, leaving them soft and supple. Apply to the clients lips using a q-tip.

**Step 11 - Sun Protection:** If the treatment is performed during the day follow the treatment with the appropriate Anna Lotan Pro UV Daytime Protection, either Lightly Tinted Mineral Day Cream SPF 30 or the Outdoors Broad Spectrum Daytime Protection SPF 30.

Give your client the home care program recommendations to continue their renewal that consists of the following items:

- Euphrasia Cleanser
- Brightening Toner
- Enlight Brightening Booster
- Mandelic Acid Exfoliating Gel
- Smoothing Repair Butter
- Shea Butter Lip

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**Pro Tip:** Instead of using water to dissolve the granules in the Lightening Care Double C Vitamin C Enriched Multifruit Scrub skip the removal and layer the Mandelic Acid Exfoliating Gel on top and massage in. Remove with tepid water and pat the skin dry after. Move on to Step 6.

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